

Food Pantries

Little Free Pantry on Peak

contact via Facebook

112 E Peak Blvd, under the awning

Open 24/7

Take what you need, leave what you don't.

First Assembly of God

918-682-9000

3100 Gulick St

Monday-Friday 9am-12pm

Tuesday, Wednesday, Friday 1pm-4pm

Once visit every 2 weeks; call to check
for availability!

Faith Love Baptist Church

918-616-3568

1208 Tamaroa

Wednesday 4pm-5:30 pm

Sunday 12pm-1pm

One visit a month, every other month, up to
6 times a year

Muskogee Community Food Pantry

facebook.com/mcm.pantry

601 E Broadway

Monday-Wednesday 1pm-3pm

Thursday 1pm-3pm and 4pm-6pm

Photo ID & proof of residence in
Muskogee County required. One visit
per month, up to 6 times a year.

Community Gardens

Grow your own food at one of Muskogee's
free Community Gardens!



Use your phone's camera to scan the QR code
above or visit

[https://www.muskogeeonline.org/departments/
parks_and_recreation/community_gardens.php](https://www.muskogeeonline.org/departments/parks_and_recreation/community_gardens.php)

for more information

NEED A RIDE?



Use your phone's camera to scan the QR code
above for a map of Muskogee County Transit
routes with stops at or near the resources on this
guide, as well as healthy food retailers.

Call Muskogee County Transit at 918-682-1721



Questions or concerns? Please contact
the Muskogee County Extension Office
918-686-7200

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Muskogee FOOD RESOURCE GUIDE

Compiled by City of Muskogee's
Food Security committee
Updated 9/7/21

Food Pantries

First Baptist Church: Community First Center

918-682-3496

Corner of 8th and Boston

Tuesday 10am-12pm & 6pm-8pm

Thursday 10am-12pm

Closed first Thursday of month!

Photo ID & proof of residency required.

Social Security cards of each member in household.

Joseph's Storehouse Food Pantry

918-577-6288

615 S Main St

Monday 10am-1pm

No special information or documents required

Muskogee Catholic Charities: Food Pantry and Infant Supply Closet

918-681-6115

1220 W Broadway

Monday-Friday 9am-12pm (noon)

Photo ID & proof of residency required.

One visit every 30 days.

The Salvation Army

918-682-3384

700 Independence Ave

Monday-Thursday 9am-4pm

Photo ID & proof of residence in Muskogee County required. One visit per month.

Free Meals

Gospel Rescue Mission

www.grmmuskogee.org

918-682-3489

323 Callahan St

Sack lunches available Monday through Friday from 12:00-12:30 pm

Muskogee Creek Nation

www.mcn-nsn.gov/services/elderly-nutrition

918-682-2072

111 S Virginia S

Must be 55+ and belong to federally recognized tribe and have CDIB card. Open to any American Indian, Alaskan Native or Native Hawaiian living within Creek Nation boundaries

Douglas Nutrition Center

918-683-7282

602 Indianapolis St

Call for more information

Honor Heights Towers

918-910-5570

300 N 40th St

Monday-Friday 11:30am-12:30 pm

60+ pay \$1.75 per meal, under 60

pay \$4 per meal

Other Resources

Meals on Wheels & Meal Delivery Services

Call to check for availability!

Grace Episcopal Church: 918-687-5416

Presbyterian Church: 918-683-2666

St. Joseph Catholic Church: 918-687-1351

St. Paul Methodist Church: 918-687-7511

Area Agency on Aging: 918-682-7891 ask for outreach

OKFresh!

Go to

www.okfresh.org/participatingclinics

to see if your healthcare provider is participating in this program or call

1 (833) 623-6157 for more information

Double Up Oklahoma

Participants in SNAP (Supplemental Nutrition Assistance Program) can use EBT and PEBT cards at the Muskogee Farmers' Market to purchase SNAP-eligible items and will be matched up to \$20 in additional tokens for purchasing produce.

Muskogee Farmers' Market is held at the Muskogee Civic Center every Wednesday from 8am-1pm and Saturdays from 8am-12pm from April through October