## Food Pantries

### Little Free Pantry on Peak

contact via Facebook 112 E Peak Blvd, under the awning Open 24/7

Take what you need, leave what you don't.

### First Assembly of God

918-682-9000 3100 Gulick St Monday, Tuesday, Thursday 9am-12pm Wednesday & Friday 1pm-4pm One visit every 2 weeks

### Faith Love Baptist Church

918-616-3468 1208 Tamaroa Sunday's after church service (12:30pm) Wednesdays by request One visit a month, every other month, up to 6 times a year

### Muskogee Community Food Pantry

facebook.com/mcm.pantry
601 E Broadway
Monday-Wednesday 1pm-3pm
Thursday 1pm-3pm and 4pm-6pm
Valid ID required. One visit per
month, up to 6 times a year.

## Community Gardens

Grow your own food at one of Muskogee's free Community Gardens!







Use your phone's camera to scan the QR code above or visit

https://www.muskogeeparks.org/facilities\_\_\_rent als/community\_gardens/index.php for more information

## **NEED A RIDE?**





Use your phone's camera to scan the QR code above for a map of Muskogee County Transit routes with stops at or near the resources on this guide, as well as healthy food retailers.

Call Muskogee County Transit at 918-682-1721





Questions or concerns? Please contact the Muskogee County Extension Office 918-686-7200

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# Food Pantries

## Free Meals

## Other Resources

## First Baptist Church: Community First Center

918-682-3496

Corner of 8th and Boston
Tuesday 10am-12pm (year round)
In the summer time this pantry has additional
evening hours from 6pm-8pm
Photo ID & proof of residency required.

## Joseph's Storehouse Food Pantry

918-577-6288 615 S Main St Monday 10am-1pm No special information or documents required

## Muskogee Catholic Charities: Food Pantry and Infant Supply Closet

918-681-6115 1220 W Broadway Monday-Friday 9am-11:50am Photo ID & proof of residency required. One visit every 30 days.

#### The Salvation Army

918-682-3384
700 Independence Ave
Tuesday-Thursday 1pm-4pm
Photo ID & proof of residence in Muskogee
County required.

One visit every other month (subject to change based on food availability)

### **Gospel Rescue Mission**

www.grmmuskogee.org
918-682-3489
323 Callahan St
Sack lunches available Monday
through Friday from 12:00-12:30 pm

#### **Muskogee Creek Nation**

918-682-2072 111 S Virginia S

Must be 55+ and belong to federally recognized tribe and have CDIB card. Open to any American Indian, Alaskan Native or Native Hawaiian living within Creek Nation boundaries

### **Honor Heights Towers**

918-910-5570 300 N 40th St Call to sign up for SAC Nutrition Program . Service hours are Monday-Friday 11:30am-12:30 pm

## Meals on Wheels & Meal Delivery Services

Call to check for availability!

Grace Episcopal Church: 918-687-5416

Presbyterian Church

First Saturday of the month 8-10am

EODD: Area Agency on Aging: 918-682
7891 (ask for outreach)

Use your phone's camera to scan the QR code below for a listing of surrounding food pantries in Muskogee County and summmer shoool feeding sites



#### **OKFresh!**

Go to <a href="www.okfresh.org">www.okfresh.org</a>
to see if your healthcare provider is participating in this program or call 1 (833) 623-6157 for more information

#### Double Up Oklahoma

Participants in SNAP (Supplemental Nutrition Assistance Program) can use EBT and PEBT cards at the Muskogee Farmers' Market to purchase SNAP-eligible items and will be matched up to \$20 in additional tokens for purchasing produce.

Muskogee Farmers' Market is held at the Muskogee Civic Center every Tuesday in May through September from 4pm-7pm and Saturdays from 8am-12pm from April through October